

# LURLINE (KETLER) RAPOSO MA, RCC, RPT, BCRPT-S

## Registered Clinical Counsellor and Registered Play Therapy Supervisor

250-619-0363  
Nanaimo, BC

info@lrcounselling.ca  
www.lrcounselling.ca

<b>Qualification Summary</b>	<ul style="list-style-type: none"><li>• Registered Counsellor since 2008</li><li>• Registered Play Therapist since 2013; a Play Therapy Supervisor</li><li>• More than 30 years in social service work and many years in Executive Director, operations, human resources and casework supervision roles</li><li>• Leadership and clinical supervision training and experience</li><li>• Competent or proficient with the following therapy methods: Acceptance and Commitment Therapy (ACT), Gottman Couples Method, Expressive Therapeutic models, Play Therapy, Attachment-based Therapy Models, and trauma treatments (Traumatic Incident Reduction-TIR, Accelerated Resolution Trauma-ART and Flash Technique)</li><li>• Expert witness in the area of Parenting and Assessing Parenting Capacity – April 2018, February 2014 Alberta Provincial Courts</li><li>• Formally trained in Parenting Capacity Assessment, Child Needs Assessment (S.211) and Hear the Child reports. BC Hear the Child Roster member</li><li>• Member of the BCACC Ethics and Practice Committee</li><li>• Clinical Supervisor for interns, registered counsellors and social workers</li></ul>
<b>Formal Education</b>	<p><b>Justice Institute of BC - Family Mediation Program 2017-2020</b> Completed all the coursework to graduate in June 2020 with the exception of the Family Mediation Evaluation. Incl. Writing Child Needs Assessments course</p> <p><b>Yorkville University – Counselling Psychology 2014</b> Post-Graduate Studies - <i>GPA 4.0</i> Counselling for Health &amp; Wellness, Addictions Counselling, Counselling Couples and Families</p> <p><b>City University of Seattle – Masters of Counselling 2011</b> Post-Graduate Studies - <i>GPA 4.0</i> – Systemic Theory: Child &amp; Adolescent Counselling</p> <p><b>Yorkville University – Master of Arts Counselling Psychology (MACP) 2009</b> Graduate Studies Program - <i>GPA 4.0</i></p> <p><b>Fraser Valley University – Volunteer &amp; Non-Profit Management 1997</b> Continuing Education Certificate Program in volunteer resource management and non profit leadership</p> <p><b>Simon Fraser University – Bachelor of Arts 1995</b> Majors: Sociology/ Anthropology</p>

## Experience

**Lurline Raposo Counselling & Family Therapy** 2016-Present  
**Private Practice Counsellor** Nanaimo, BC

- Individual, Family and Couples counselling services with a specialization in play and creative therapies, and family therapy
- Contracted EAP Affiliate for various EAPs and Crime Victim Assistance Program, Kw'umut Lelum Child and Family Services,
- Contracted Clinical Consultant for Salt Spring and Southern Gulf Islands Community Services Child & Youth Clinical Team

**Lurline Raposo Counselling & Family Therapy** 2011-2016  
**Private Practice Counsellor** Calgary, AB

- Individual, Family and Couples counselling services with a specialization in play and creative therapies, divorce and separation
- EAP Affiliate for Family Services Employee Assistance, Optum Health Services, Integrated Workplace Solutions
- Contracted Therapist for Alberta Youth Justice
- Contracted Clinical Assessor for parenting capacity and to provide clinical services to Calgary & Area Child & Family Services Authority

**Catholic Family Service -- General Counselling, Youth Sexual Abuse Treatment Program Coordinator/ Counsellor** Jan 2009-April 2013

- Individual, family, couples counselling services
- Sexual abuse trauma counselling for children and adolescents 4-18 years and caregivers through a Child & Family Services government contract.
- Administrative and clinical supervisor for the Youth Sexual Abuse program

**Hull Child & Family Services – Fast Track Program**  
**Family Parent Counsellor** Aug 2007-Dec 2008

- Weekly parenting groups and in-home support and counselling for parents with children identified with conduct problems

**Canadian Mental Health Association – Family Support Program**  
**Family Support Counsellor** April 2007- Aug 2007

- Psycho-educational workshops and brief counselling for family members supporting someone with a diagnosed mental illness.

**Big Brothers Big Sisters**  
**Executive Director/ Casework Supervisor** Jan 2003- April 2007

- Accountable to the Board of Directors for the financial and human resource management and for service delivery of two different mid-sized, charitable agencies — one in BC then one in New Brunswick.
- Supervision of casework, fund development and administration supporting 150 matched children, their families and mentors.
- Responsible for training caseworkers and performing intake for clients and mentors to ensure safety (program risk management).
- Developed and implemented strategic plans, outcome measures and new programming
- Represented the agency on local, provincial and national committees.

**Professional  
Development  
(Chronological)**

**Writing Children's Needs Assessments - JIBC** January 2021  
12 weeks of training on Full Section 211 (Custody & Access) report writing under the BC Family Act.

**Attachment Centred Play Therapy** January 2021  
2 day training with Clare Mellenthin LCSW, RPT-S. An integrative, prescriptive play therapy model with current theories of attachment theory allowing the clinician to view the child within the framework of the family system

**Non-Evaluative Child Interviewing** October 2020  
13 hours of training with Dr. Mary Korpach, RPsych and Arlene Henry, QC for BC Hear the Child Society

**Neuroscience & Satir in Sandtray for Trauma.** September 2020  
2 day training in Langley with Madeleine De Little RTC, MTC, RCS, PhD Satir, Sandtray for Trauma using the most up to date neuroscientific techniques

**Slaying the Dragon, Progressive Counting & the Fairy Tale Model of Trauma Treatment, Trauma Therapy Innovations: Intensive Trauma-Focused Therapy & the Flash Technique** April 2020  
Completed 9 CEs online through the Trauma Institute & Child Trauma Institute with Ricky Greenwald, Psy.D.

**ACT for Adolescents** April 2020  
Psychwire course with Dr. Russ Harris for advanced Acceptance & Commitment Therapy practitioners.

**Integrating Neuroscience in the Sand Tray into the Play Room.** January 2020  
BC Play Therapy Association 2 day training in Vancouver with Madeleine De Little RTC, MTC, RCS, PhD, Satir & Sandtray Therapy

**Mindful Self-Compassion Core Skills Workshop** April 5-6, 2019  
Centre for Mindful Self-Compassion & SFU hosted a 2 day training workshop with Kristin Neff, PhD and Chris Germer PhD

**Neurobiology of Healing through Play: Nurturing Hearts with Brains in Mind** May 2019  
BC Play Therapy Association in Vancouver with Dr. Bonnie Badenoch

**Parenting Coordinator Training** May 17-18 & June 20-22, 2018 (5 Days)  
Satisfies the 40-hour training requirement for Parenting Coordination under the *Family Law Act* in BC and "Voice of the Child" interviewer skills for BC Hear the Child Society Roster Continuing Legal Education Society of BC – CLEBC Vancouver, BC

**Supervisory Consultation in Play Therapy** Feb 23, 2018  
BC Play Therapy Association – Vancouver, BC

**Working with Aggressive and Violent Children and Youth** Feb 21-22, 2018  
Gordon Newbold, Ph.D., D. Danworkshop, Jack Hirsch & Associates, Vancouver, BC

**Professional  
Development  
(Chronological  
Part 2)**

<b>Competency Training in Trans Care for Adults and Youth</b>	Nov 30-Dec 1, 2017
TransCare BC – Comox, BC	
<b>More Synergetic Play Therapy</b>	Jan. 20-21, 2017
Lisa Dion, LPC, RPT-S - Attunement, mindfulness and neurobiology of attachment. BC Play Therapy Association, Vancouver, BC	
<b>When Words Are Not Enough: Integrating Art Therapy</b>	April 8, 2017
BC Play Therapy Association – Josy Valero-Frias, DVATI	
<b>Clinical Social Work Supervision</b>	Oct-Nov 2015
Faculty of Social Work– University of Calgary, Alberta College of Social Workers (20 hours ACSW Continuing Competency Activity Category A credits) Theoretical and structural underpinnings of supervision and the issues supervisors face.	
<b>Critical Incident Group Debriefing</b>	Nov 26, 2015
Crisis & Trauma Resource Institute	
<b>Substance Abuse Professional qualifications training &amp; examination</b>	May 25, 2015
Integrated Workplace Solutions – a division of FSEAP	
<b>Putting Pieces Together Through Play: Healing Trauma &amp; Attachment Wounds</b>	
April 2015 – presented by Alberta Play Therapy Association, Calgary AB 2-day workshop reviewing a model developed by Paris Goodyear-Brown LCSW, RPT-S	
<b>Expressive Arts for Treatment of Trauma in Children &amp; Adolescents: A 4-Phase Model</b>	
Alberta Play Therapy Ass & Carmen Richardson MSW, RCAT, REAT	Feb. 27, 2015
<b>Dyadic Developmental Psychotherapy (Attachment-focused Family Therapy) Level 1</b>	
Presented by Alloway Therapy Services and Dr. Sian Phillips	June 2014
4-day training in family-based relationship development/ attachment and trauma resolution.	
<b>Trauma-Focused CBT for Children &amp; Adolescents</b>	April 2014
Presented by Alberta Play Therapy Assoc. and Alison Hendricks LCSW	
<b>Working with Children Affected by Domestic Violence</b>	March 2014
Presented by Alberta Play Therapy Assoc. and Jean Dunbar MEd, RSW, CPT, CPTS	
<b>Parenting Capacity Assessment Professional Development Series</b>	
Calgary & Area Child and Family Services Authority	
<ul style="list-style-type: none"><li>• April 2012 - Parenting Assessments, An Overview: Part 1 by John Pearce, PhD, RPsych</li><li>• June 2013 - Orientation to Children's Services and Child, Youth and Family Legislation</li><li>• November 2012 - Testifying in Court: Some Essentials by Peter Choate, PhD &amp; Elizabeth Iredale, LLB</li></ul>	
<b>Emotion-Focused Couples Therapy (EFT)</b>	May 2013
Vancouver Couple & Family Institute Introduction to EFT by the International Centre for Excellence in Emotionally Focused Therapy	

**Professional  
Development  
(Chronological  
Part 3)**

- Gottman Couples Method LEVEL 2 – Assessment, Intervention and Co-Morbidities**  
Gottman Institute – Self-directed training and competency exam completed May 2013
- Play Therapy Interventions with Children with Attachment Difficulties** April 2013  
Rocky Mountain Play Therapy Institute & Eileen Prendiville ECP, MIAHIP, MIAPTP  
Day training in the EPR model for working with children who have experienced trauma and attachment problems.
- Trauma Incident Reduction Model (TIR) Expanded Applications** Sept 2013  
Presented by Trauma Incident Reduction Association and Pauline Carey MA, RCC  
3-day training to address complex trauma and relationship issues using client-centered techniques.
- DSM-5: What's New – What's Different** Nov 2013  
Presented by Crisis & Trauma Resource Institute  
Half-day training to review changes and controversies in the new Diagnostic Manual
- Parenting Capacity Assessments in Child Protection Matters** Oct 2012  
Centre Social Work Research & Professional Development–University of Calgary  
One month of study (20 CE with Alberta College of Social Workers) – Peter Choate, RSW, PhD
- Sandtray World Play Workshop** Feb 2011  
Alberta Play Therapy Association, Facilitated by Theresa Fraser  
1-day training to introduce Sandtray-Worldplay techniques.
- Gottman Couples Method Level 1 – Bridging the Couples Chasm: Couples Therapy**  
The Gottman Institute and Alberta College of Social Workers – March 2011  
Two-day training presented by John and Julie Gottman
- Brief Trauma Incident Reduction Model (TIR)** June 2011  
Trauma Incident Reduction Association – Pauline Carey MA RCC  
Four-day training to learn TIR – a brief and highly effective therapy for resolution of trauma, PTSD and a range of psychological issues.
- User-Friendly CBT for OCD and Anxiety in Children and Adolescents** March 2010  
Alberta College of Social Workers Continuing Education  
Two-day training sponsored by Jack Hirose & Associates
- Play Therapy Theory & Skills Beginner (Green Stream)/ Advanced (Red Stream)**  
August 2009/ July 2010. Rocky Mountain Play Therapy Institute  
Lorrie Yasnik PhD, RSW, RFM, CPT-S, RPT-S and Ken Gardner MSc, RPsych, CPT-S  
Two ten-day intensives for each level to meet Canadian and American play therapy registration requirements.
- Acceptance and Commitment Therapy (ACT) Clinical Training Program** April 2008  
Association for Contextual Behavioral Science – Chicago Summer Institute  
5-day intensive for third-wave cognitive behavioural therapy techniques & theory that includes mindfulness, acceptance and values identification.

**Professional  
Workshop  
Facilitation  
Experience**

**Mindful Change: An Acceptance and Commitment Therapy Group**

Facilitated this 6-7 week group for people with diverse psychological struggles using acceptance, mindfulness and valued-action.

**Parenting with Brains In Mind**

A 5-hour workshop on connecting current neuroscience regarding attachment to mindful parenting practices.

**Effective Co-Parenting Evening Seminar**

Basic introduction for recently separated parents through Fairway Divorce, Calgary.

**Kids: The ♥ of Co-parenting**

An Introductory one-day workshop for family professionals supporting people through issues of separation and divorce.

Facilitated for Lacombe & District Family and Community Support Services FCSS. A workshop offered through BC Council for the Family

**Effective Co-Parenting: Putting Kids First**

A 1-day workshop to support parents through issues in separation and divorce and co-parenting. Facilitated for Drumheller, AB Family and Community Support Services FCSS.

**Marriage Preparation for Engaged Couples**

Through Calgary Catholic Family Service One-day workshop on what couples can expect after marriage and focuses on communication and conflict tools.

**Professional  
Memberships &  
Registrations**

BC Association of Clinical Counsellors (BCACC) - Full Registered Member  
Association for Play Therapy (APT) – Full Registered Member  
BC Hear the Child Society — Roster Member  
BC Play Therapy Association (BCPTA) – Full Registered Supervisor Member  
BCACC Ethics and Standards Committee – Voluntary Member  
Association for Contextual Behavioural Science (ACBS) - Member  
Association of Family and Conciliation Courts - Member